

# **Union County Health and Wellness Resource Guide**



**January 1, 2015  
Union County Department of Human Services  
Division of Public Health  
1224 W. Roosevelt Blvd.  
Monroe, NC 28110  
(704) 296-4800**

## Table of Content

Crisis Intervention Services	.....	Page 3
Disabilities Services	.....	Page 7
Family Services	.....	Page 9
Healthcare Services	.....	Page 23
Library Services	.....	Page 31
Nutrition Services	.....	Page 33
Pregnancy Services	.....	Page 39
Prescription Drug Programs	.....	Page 40
Recreation and Fitness Services	.....	Page 43
Senior Services	.....	Page 49
Substance Abuse Services	.....	Page 55
Transportation Services	.....	Page 59
Veterans Services	.....	Page 60
Change of Information	.....	Page 61
Alphabetical Listing	.....	Page 62

## **Crisis Intervention Services**

### **Operation ReachOut**

1308 Miller Street  
Monroe, NC 28110  
Phone: 704-289-4237  
Fax: 704-291-2497  
Email: opreachout@aol.com

### **Description/Purpose of Agency:**

A non-profit Christian organization dedicated to helping those less fortunate in the community who have nowhere else to turn.

### **Whom do you serve?**

Individuals and families of Union County.

### **What services do you provide?**

This agency provides emergency food, medicine, clothing, furniture, household items and funds for those in need of assistance with utility bills (as long as funds last.)

Counseling services lead by Pastor Eddie Williams.

### **Lunchtime meals served by the following agencies:**

Blacks Memorial	Union Methodist
First Baptist of Monroe	Union Academy
Siler Presbyterian	Mountain Springs Baptist
Waxhaw United Methodist	Lakeview Baptist
First Baptist of Weddington	Midway Baptist
Bethlehem United Methodist	Shiloh Advent
New Hope UMC	East Campus Baptist

## **Crisis Intervention Services**

### **Union County Community Outreach, Inc.**

Open Arms Community Outreach Inc. doing business as Union County Community Outreach, Inc.

2613 Hayes Road

Indian Trail, NC 28079

Phone: (704)-225-0044

Hours: Tues. 11:00-2:00

Thurs. 9:00-11:00 & 2:00-6:00

Fri. 11:00-2:00 for emergencies only with a referral

### **Description/Purpose of Agency:**

We are a Community Food Pantry that receives food/groceries from Second Harvest Food Bank to distribute to the hungry, throughout the community. We provide a clothing closet to those in need of business attire and every day clothing for each season for all sizes and all ages; personal hygiene items, non food items that can not be purchased with EBT card.

### **Whom do you serve?**

We serve the hungry, homeless, senior citizens, disabled and working low income individuals, and families with 30% below poverty income requirements for the State of NC guidelines. We also serve clients, which have been referred by an agency partner.

### **What services do you provide?**

We host a once a month Community Emergency Food Pantry at the Union County Agriculture Center. **Call for times and dates.** We offer a Food, Health and Nutrition / Cooking Educational Program (ENAP) taught by a trained professional every 6 weeks. Tuesdays and Wednesdays we are open for appointments, referrals and emergency walk-ins 11am—2pm.

## **Crisis Intervention Services**

### **Union County Community Shelter**

Executive Director: Kathy Bragg

311 E. Jefferson Street

Monroe, NC 28112

Phone: 704-289-5300

Fax: 704-296-0948

Email: [Kathy.bragg@unionshelter.org](mailto:Kathy.bragg@unionshelter.org)

[www.unionshelter.org](http://www.unionshelter.org)

#### **Description/Purpose of Agency:**

This agency provides food and shelter to the hungry and homeless population of Union County. They provide programs to help the homeless population achieve self-sufficiency and independent living.

#### **Whom do you serve?**

Residents of Union County.

#### **What services do you provide?**

This agency provides: Adult homeless emergency shelter services, emergency housing for families; full service soup kitchen serving 3 meals daily to homeless and low income; food boxes and hygiene kits upon referral.

Adult/Family sheltering programs require successful drug/alcohol screen prior to entry.

Average stay for adult shelter— 2 months. Average stay family motel program—2 weeks. Case management services for all clients to assist in accessing wide range of community services.

## **Crisis Intervention Services**

### **Union County Crisis Assistance Ministry**

1333 W. Roosevelt Blvd.

Monroe, NC 28110

Phone: 704-225-0440

Fax: 704-296-0299

Website: [www.unioncrisis.org](http://www.unioncrisis.org)

#### **Description/Purpose of Agency:**

Union County Crisis Assistance Ministry provides short term assistance to families and individuals in crisis by supplying resources to meet their basic needs.

#### **Whom do you serve?**

Residents of Union County.

#### **What services do you provide?**

Union County Crisis Assistance Ministry provides financial aid, inter-agency referrals, and financial counseling and budget management. This agency further provides emergency financial assistance in the areas of shelter, food, utilities and prescription medicine.

## **Disabilities Services**

### **The Arc of Union /Cabarrus**

1653-C Campus Park Drive

Monroe, NC 28112

Phone: 704-261-1550

Fax: 704-261-1554

Email: [Melinda@thearcisthere.org](mailto:Melinda@thearcisthere.org)

Website: [www.thearcisthere.org](http://www.thearcisthere.org)

### **Description/Purpose of Agency:**

Advocacy and support for people with developmental disabilities and their families.

### **Whom do you serve?**

Union and Cabarrus county residents of all ages with a diagnosis of developmental disability.

### **What services do you provide?**

Advocacy

Aktion Club

Community Connections

First in Families of the Southern Piedmont

Operation Arc Angel

Referrals / Information Services

Smart Start—At Play

## **Disabilities Services**

### **Pediatric Boulevard**

2814 Gray Fox Road  
Indian Trail, NC 28079 (physical address)  
2814 Gray Fox Road  
Monroe, NC 28110 (mailing address)

Phone: 704-821-0568  
Fax: 704-821-0570  
Website: [www.pediatricboulevard.com](http://www.pediatricboulevard.com)

### **Description/Purpose of Agency:**

Pediatric Boulevard brings Speech, Physical, Occupational, Swallowing and Aquatic Therapy services all under one roof in our 7,020 square foot facility.

If you are curious or have concerns about the development of your child, please email us at [info@pediatricboulevard.com](mailto:info@pediatricboulevard.com).

### **Whom do you serve?**

Children birth—20years

### **What services do you provide?**

**SPEECH THERAPY:** Specialize in the treatment of a delay in: speech development including articulation (making sounds), fluency (speaking or writing smoothly, easily and effortlessly), phonological processes (sound patterns), receptive language (understand), expressive language (combinations of words to form sentences, social skills) and swallowing/feeding issues.

**PHYSICAL THERAPY:** Treat the development or strengthening of large muscle groups (gross motor skills) so that the child can roll, sit up, creep, walk, run, jump, gallop, skip, catch/throw/kick a ball, etc.

**OCCUPATIONAL THERAPY:** Treat the development or strengthening of small muscle groups (fine motor skills) in the child's hands to improve skills related to activities of daily living such as feeding, bathing, dressing, etc.

**AQUATIC THERAPY:** Using water as a medium to facilitate any of the therapies mentioned above.

**SWALLOWING THERAPY:** Using therapy techniques to make feeding and drinking safe, pleasurable and efficient.



## **Family Services**

### **American Red Cross of Union County**

608 E. Franklin Street

Monroe, NC 28112

Phone: 704-283-7402

Fax: 704-282-0810

Hours of Operation: Office hours = Monday - Friday—9:00 a.m. - 5:00 p.m.

On call 24 / 7

Email: [Sheila.Crunckleton@redcross.org](mailto:Sheila.Crunckleton@redcross.org)

Website: [www.redcross.org/nc/monroe](http://www.redcross.org/nc/monroe)

#### **Description/Purpose of Agency:**

The American Red Cross is a humanitarian organization led by volunteers. They provide relief to victims of disasters and help families prevent, prepare for, and respond to emergencies. Disaster Services involves providing food, water, clothing, and shelter to disaster victims 24 hours a day.

#### **Whom do you serve?**

Services provided to Anson and Union County residents and their families.

#### **What services do you provide?**

- ◆ A variety of services are available in Preparedness Training, Disaster Services, Blood Services, and Armed Forces Emergency Services.
- ◆ Preparedness Training involves teaching multiple classes on first aid, CPR, babysitting, Automated External Defibrillation (AED) training, and pet first aid.
- ◆ Blood Services hold approximately 150 blood drives in the community throughout the year.
- ◆ Community education on preparedness for children, families, seniors and businesses.

## Family Services

### **Child Care Resources Inc.**

105-A Cedar Street

Monroe, NC 28110

Phone: 704-238-8810

Fax: 704-238-8811

Website: [www.childcareresourcesinc.org](http://www.childcareresourcesinc.org)

Email: [mailbox@childcareresourcesinc.org](mailto:mailbox@childcareresourcesinc.org)

Hours of Operation: Monday - Friday

8:00 a.m. - 5:00 p.m.

### **Description/Purpose of Agency**

Child Care Resources Inc. (CCRI) is a private, non-profit child care resource and referral agency that works with families and communities to ensure that all children have access to high quality, affordable early learning and school-age opportunities and experiences that enable them to succeed in school and in life.

### **Whom do you serve?**

Children — Birth to 12 years of age and their families. CCRI offers a range of services for early childhood and school age care programs and professionals of Union, Mecklenburg and Cabarrus counties.

### **What services do you provide?**

- ◆ Family Information Services: Delivering information, education and support so that families select early learning and school-age child care services that promote child well being.
- ◆ Program and Business Consultation: Promoting early care and education and school-age child care program excellence through quality improvement, quality assurance services, and effective business practice.
- ◆ Financial Aid: Increasing the ability of eligible working families to afford early learning and school-age child care services and increasing the business capacity of child care programs to serve their children well. (Mecklenburg County **only**)
- ◆ Research and Policy Development: Advancing policy and public support for accessible, affordable, and improved early learning and school-age child care services for all children, birth through age 12.

## Family Services

### **CMC-Union, Carolinas Healthcare System Safe Kids / Communities of Union County (SKUC)**

600 Hospital Drive

Monroe, NC 28112

Phone: 704-225-9221

Fax: 704-238-1490

Website: [www.cmc-union.org](http://www.cmc-union.org)

Coordinator: Kim Karpovich

[Kim.Karpovich@carolinashealthcare.org](mailto:Kim.Karpovich@carolinashealthcare.org)

Co-coordinator: Windi Henderson, Hemby Bridge Fire Department

[WindiHenderson@hembybridgevfd.com](mailto:WindiHenderson@hembybridgevfd.com)

#### **Mission Statement:**

Safe Kids/Communities of Union County (SKUC) provides injury prevention outreach to the Union County community by leading programs and supporting other agencies that share a similar mission of community safety and injury prevention.

#### **Whom do you serve?**

All of Union County, North Carolina

#### **What services do you provide?**

**Child Passenger Safety** assistance by providing educational information on correct child passenger restraints, hands on activities, and informed them of local permanent checking stations.

**Operation Medicine Drop (OMD)** assistance by providing educational information and informed them of local permanent drop box locations. Provide education and hands on activities on medicine mix up display. Host National Take Back Days in March and September.

**Teen Safety** by working with local Law Enforcement on texting and driving, speeding, seat belts, and curfew.

**Fire Education and Prevention** by working with local Fire Departments on smoke alarms, escape plans/know to ways out, and general fire preventions.

**Water Safety** by working with local Law Enforcement with local community pools to educate about safety in and around pools.

**Home Safety** by working with Carolinas HealthCare System and Day Care Centers to education CPR/First Aid Safety, home alone safety age 12, safe sleep for babies, batteries and TV and furniture tip-overs.

## Family Services

### **Community Care Partners of Greater Mecklenburg**

1423 Franklin Street, Suite A

Monroe, NC, 28112

Phone: 704-512-5555

Fax: 980-993-8515

Website: [www.ccpgm.org](http://www.ccpgm.org)

Hours of Operation: Monday to Friday

Customer Service: 704-512-5555

1-888-671-7437

#### **Description/Purpose of Agency:**

Community Care Partners of Greater Mecklenburg is a Carolina Access II Medicaid Program that provides a case management approach, facilitates patient access to care, and networks with practices which provide quality care, and promotes best practices. The program addresses health issues that affect a healthy lifestyle, and provide education and information about healthcare service resources to take care of individuals and their families.

#### **Whom do you serve?**

Residents of Union , Mecklenburg and Anson Counties

#### **What services do you provide?**

Care Coordination for Medicaid clients only

- We have nurses that can help you promote a healthy lifestyle.
- We work closely with people who have diabetes, asthma, or congestive heart failure or children that are overweight.
- We provide education and information about healthcare services resources to take care of you and your family.
- We have a free 24-hour health advice line you can call at **704-512-7824 or 1-888-458-4267**

## **Family Services**

### **Community Health Services of Union County**

415-B East Windsor Street

Monroe, NC 28112

Phone: 704-296-0909

Fax: 704-296-0946

Email: [chsuc@carolina.rr.com](mailto:chsuc@carolina.rr.com)

#### **Description/Purpose of Agency:**

This agency meets healthcare needs of uninsured residents in Union County.

#### **Whom do you serve?**

Residents of Union County 18 years and older

#### **What services do you provide?**

Diabetes Free Clinic, Diabetes education for uninsured Union County residents.

Emergency Prescription Assistance available for uninsured, qualified Union County residents (excluding controlled substances).

**See agency listing under Prescription Drug Programs**

## Family Services

### Department of Human Services

#### Division of Social Services

1212 W. Roosevelt Blvd.

Monroe, NC 28110

Phone: 704-296-4300

Fax: 704-296-6151

Website: [www.co.union.nc.us](http://www.co.union.nc.us)

Hours of operation: Monday thru Friday

8:00 a.m. - 5:00 p.m.

#### Description/Purpose of Agency:

The Union County Division of Social Services partners with families in achieving economic well-being, safety, and permanence within the community.

#### Whom do you serve?

Individuals and families in Union County.

#### What services do you provide?

- Family & Children's Services Program provides services to families and children for the purpose of preserving and maintaining family functioning.
- Services include: financial assistance for emergencies such as medication, utilities, food, and housing. Services to children include Child Protective Services, In-Home Services for those families needing intervention services after indication of protective services needs. Foster Care Services are provided to children who have been removed from their families for reasons of neglect, abuse, and/or dependency.
- Adult Services & Benefits provides a variety of services and benefits to adults and families. Services include: Adult Protective Services, In-Home Aide, Community Alternative Program (CAP), Adult Day Care, Guardianship, Nursing Home Placement, Adult Care Home services, Case Management services, In-Home Special Assistance services, Transportation services, General and Emergency Assistance, Crisis Intervention services, Medicaid for the Aged and Disabled Benefits, Medicaid Benefits for Medicare Recipients, Special Assistance Benefits for the Aged and Disabled and Food Stamp Benefits.
- Family Support Services & Daycare offers assistance to families with economic well-being, nutrition, medical assistance and supportive services for self-sufficiency.

## **Family Services**

### **NAMI Union County (an affiliate of the National Alliance on Mental Illness)**

P.O. Box 1821

Monroe, NC 28111

Phone: 704-292-2287

Website: [www.NAMINC.org](http://www.NAMINC.org)

#### **Description/Purpose of Agency:**

Education, support and advocacy for persons living with mental illness and their family members.

#### **Whom do you serve?**

Membership and participation is open to residents of Union County

#### **What services do you provide?**

- Family Members Support Group- 1st Monday of each month from 7—8:30 p.m.
- Monthly Meeting- 3rd Monday of each meeting
- Location: Union House at 316 I.B. Shive Street, Monroe, NC.

## Family Services

### **Nurture Your Health**

#### **Mian W. Rex,—Certified Dr. Sears Wellness Coach**

Phone: 980-239-0366

Website: [www.nurtureyourhealth.us](http://www.nurtureyourhealth.us)

#### **Description/Purpose of Agency:**

Dr. Sears' L.E.A.N. is a family of workshops that educate and support parents, caregivers, children, expecting moms and adults 40 yrs. and older [Prime Timers] in the four pillars of health: Lifestyle, Exercise, Attitude and Nutrition [L.E.A.N.]. The objective of these programs is to teach families simple ways to improve their health.

#### **Whom do you serve?**

Parents, pregnant/nursing moms and any adults 40 years of age and older

#### **What services do you provide?**

- 1] L.E.A.N. workshops—Parents of children ages 3—12 yrs. Old will be able to improve the health of the child and the entire family.
  - L.E.A.N. Essential—One, 2-hour workshop ( condensed version of L.E.A.N. Start)
  - L.E.A.N. Start—Three, 2-hour OR six, 1-hour workshops
- 2] L.E.A.N. Expectations—consisting of three individual, two-hour classes, which provides an opportunity for expecting and nursing women to connect and build relationships with others while learning practical ways to positively impact the health of both mother and baby before, during and after pregnancy. These classes can be taken at any stage of the pregnancy depending on participants needs.
  - Prepare RIGHT Now—Turn your Pregnancy into a Healthy New Beginning. This class focuses on lifestyle choices, attitude and exercise at any stage of pregnancy.
  - Eat RIGHT Now—Experience Optimal Nutrition During Pregnancy and Beyond. This class focuses on nutritional needs before, during and after pregnancy.
  - Live RIGHT Now—Make a Smooth Transition from Pregnancy to Motherhood. This class focuses on the transitional needs of both mom and baby during the first few months at home.
- 3] Prime Time Health—offers four, 90min. Sessions OR six, 1-hour sessions. Designed for 40 yrs. and above.
  - Open Your Internal Pharmacy
  - Make Health Your Hobby
  - Move Waste From Your Waist
  - Live Without Pain and Inflammation



## **Family Services**

### **Public Health Preparedness**

1224 W. Roosevelt Blvd.  
Monroe, NC 28110

Contact: Emily Walmsley  
Phone: 704-296-4820  
Fax: 704-296-4807  
Website: [www.co.union.nc.us](http://www.co.union.nc.us)

#### **Description/Purpose of Agency:**

To protect the public's health during disaster situations such as disease epidemics, chemical and radiological releases, severe weather, and natural disasters.

#### **Whom do you serve?**

Public

#### **What services do you provide?**

- Public Health Preparedness (PHP): To provide public health assistance to local response agencies during a disaster. PHP provides medical assistance during shelter events, dispenses medications during epidemics or radiological events, and investigates disease outbreaks.
- Special Needs Registry: Responsible for updating and registering individuals in a database with functional and access needs in order to assist emergency workers in locating those whom may need emergency assistance during disaster situations.

**PEOPLE WITH SPECIAL NEEDS  
VOLUNTARY REGISTRATION REQUEST**

Union County Health Department  
Special Needs Registry

Date of Registration: \_\_\_\_\_

-----**DO NOT WRITE ABOVE THIS LINE**-----

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Physical Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Mailing Address: *(if different than above)* \_\_\_\_\_

Primary Language: \_\_\_\_\_ Interpreter Needed: \_\_\_\_\_

Emergency Contact Person: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Check applicable medical disabilities:

- Yes  No Ambulatory
- Yes  No Bedridden
- Yes  No Seeing Eye Dog
- Yes  No Sign Language
- Yes  No Hearing Impaired
- Yes  No Vision Impaired
- Yes  No Speech Impaired
- Yes  No Trach
- Yes  No Immunocompromised
- Yes  No Chronic (specify) \_\_\_\_\_

Check if you require the following:

- Yes  No Ventilator
- Yes  No Insulin
- Yes  No Feeding Tube
- Yes  No Special Diet (specify) \_\_\_\_\_
- Yes  No Oxygen (specify # of hours daily) \_\_\_\_\_
  - Yes  No Portable tank
  - Yes  No Use a concentrator
  - Yes  No Require a 24 hour caregiver

- Yes  No Dialysis
- Yes  No IV Fluids
- Yes  No Suction Unit

Specify other disabilities: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Home Health Care Provider: \_\_\_\_\_ Phone: \_\_\_\_\_

Pharmacist: \_\_\_\_\_ Phone: \_\_\_\_\_

Can you get to an evacuation shelter?  Yes  No

If no, check the appropriate transportation type needed:  Standard Vehicle  Wheelchair Equipped  Ambulance

What caregiver will accompany you to an evacuation shelter: \_\_\_\_\_

I certify that the above information is correct. I understand that I am responsible for all expenses associated with medical evacuation and shelter at a hospital. I hereby grant permission to Union County Health Department to release this information to other emergency response agencies.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**Mail completed form to:**  
Union County Health Department  
Attn: Special Needs Database  
1224 W. Roosevelt Blvd.  
Monroe, NC 28110  
**Or Fax to 704-296-4807**

## Family Services

### **Safe Alliance**

**(formerly United Family Services )**

604 Lancaster Avenue

Monroe, NC 28112

Phone: 704-226-1352

Fax: 704-282-9362

Website: [www.safealliance.org](http://www.safealliance.org)

### **Description/Purpose of Agency:**

Founded in 1909, Safe Alliance-formerly United Family Services' mission is to provide hope and healing to people in crisis. and solutions to people in crisis. Safe Alliance provides accessible, affordable, high-quality services that create life-changing hope and healing for our clients in Cabarrus, Mecklenburg, Union and south Iredell counties.

### **Whom do you serve?**

Individuals— Women, men, (Adults & Children) and families in Union County.

### **What services do you provide?**

Safe Alliance provides a continuum of crisis services to those victimized by domestic violence, sexual assault or child abuse. We offer 24-hour crisis lines, shelter, a children's advocacy center, safety planning services, hospital accompaniment, case management systems advocacy, support groups, court advocacy/accompaniment and legal representation. We also specialize in trauma-informed counseling for those struggling with emotional crisis and deliver these services to individuals, couples and families. Safe Alliance assists over 20,000 people annually throughout our geographic footprint that includes Cabarrus, Mecklenburg, Union and south Iredell counties. We also reach 20, 000 more people through our educational and prevention programs as well as institutional advocacy efforts.

**Victim Services** helps victims of rape, sexual assault and child sexual abuse restore stability, security and control of their lives following the trauma of victimization. Comprehensive rape/sexual crisis intervention services include:

- A 24 hour hotline
- Crisis Intervention
- Hospital and court accompaniment
- Individual and group clinical counseling services for victims and their family members
- Community Referrals
- Advocacy in working with the medical providers, law enforcement and the judicial system

**“The Tree House” Children’s Advocacy Center (CAC)** provides a neutral, child & teen-friendly environment for families to receive comprehensive services also including forensic interviews, medical examinations, court education & support. Services are coordinated in conjunction with a community-based, multi-disciplinary team.

## Family Services

### Safe Alliance continued...

**Clinical Counseling Services** empowers individuals and families to improve their emotional well-being, mental health, self-sufficiency, problem-solving and daily productivity. Professional counselors help individuals and families learn the skills and behaviors they need to overcome their problems and lead measurably more stable and productive lives.

Services include:

- Individual, family and couples counseling
- Play therapy for children
- Support groups for teen survivors & adult survivors of sexual violence
- Parent Education
- Employee Assistance Program (EAP)

### **Are you looking to help make a difference in your community?**

Safe Alliance hope is helping to change the future of our community one life at a time. **But we don't do it alone!** Each year volunteers give their time to help Safe Alliance serve community needs. Whether providing general office support, painting a room, accompanying victims of sexual violence to the hospital or at The Tree House Children's Advocacy Center or serving on a committee, volunteers are bringing about positive change in the lives of those around them. Contact Safe Alliance about volunteer opportunities.

## Family Services

### **Thompson**

**(formerly Thompson Child and Family Focus)**

6800 Saint Peter's Lane

Matthews, NC 28105

Phone: 704-536-0375

Fax: 704-531-9266

Website: [www.thompsoncff.org](http://www.thompsoncff.org)

and

769 N. Wendover Road

Charlotte, NC 28235-5458

Phone: 704-376-7180 ext. 0

Fax: 704-376-0903

### **Description/Purpose of Agency:**

We reach out to children of any age, up to 18 years, and to their families. We see a range of challenges, from the most severe cases of abuse and neglect, to instances where families simply lack the means or tools to provide quality care and education

### **Whom do you serve?**

Children 0 - 18yrs and their families.

### **What services do you provide?**

Matthews location :

- Psychiatric Residential Treatment

Wendover Road location:

- Outpatient Therapy
- School Based Therapy
- Intensive In-Home
- Foster Care
- Family Education

1645 Clanton Road location:

- Early Childhood Outreach Services
- Thompson Child Development Center

## Family Services

### Turning Point of Union County

P.O. Box 952

Monroe, NC 28111

Phone: 704-283-9150

Crisis Hotline: 704-283-7233

Fax: 704-225-8857

Website: [www.turntoday.net](http://www.turntoday.net)

### Description/Purpose of Agency:

Turning Point's vision is that all people will have safe and healthy relationships, free from domestic abuse in their homes, schools, workplaces, and communities. Turning Point exists to break the cycle of domestic abuse through safe shelter, healing, education and social change.

### Whom do you serve?

Victims of domestic violence and their children who are residents of Union County, NC

### What services do you provide?

- Hotline Services: Staff members and trained volunteers provide immediate response 24 hours per day 7 days per week to crisis calls. This service provides confidential crisis telephone counseling
- Safe Shelter: Safe shelter is provided to victims (male and female) of domestic violence and their children 24 hours a day 7 days a week.
- Individual Counseling: Individual and group counseling is provided for victims of domestic violence. It is not necessary to be residing in the shelter to receive counseling. Out of shelter groups are currently held at the Union County Public Library—Monroe Branch.
- Case Management: Each resident develops a plan which addresses such needs as housing, employment, transportation, and health care.
- Victim's Advocacy: Each resident is educated about their legal rights and options and is accompanied when going to court as needed. It is not necessary to be residing in the shelter to receive victim's advocacy.
- Early Childhood Program: Provides assessment and referral services for developmental delays, teaches stimulation activities to mothers, provides parenting classes, and provides the Learning Accomplishment Profile for children ages 0-3.
- Children's Program: The Children's Program consists of referrals, parent education, and an educational based group counseling program (HERO) specifically designed for child observers of domestic violence from ages 3-12.
- Teen Dating Violence Prevention Program: The Teen Dating Violence Prevention Program addresses the dynamics of teen dating violence. This program is provided in the shelter, schools, and the faith community.
- Transitional Housing: Clients who successfully complete the shelter program may be eligible to reside in our transitional housing. Women pay rent and continue to receive Turning Point services.
- Community Education: Staff and volunteers educate the community about agency services and domestic violence.

## **Healthcare Services**

### **Carolinas Medical Center - Union**

600 Hospital Drive

Monroe, NC 28112

Phone: 980-993-3100

Fax: 980-993-4175

Website: [www.carolinashealthcare.org/cmc-union](http://www.carolinashealthcare.org/cmc-union)

#### **Description/Purpose of Agency:**

CMC-Union is a 175-bed community hospital that offers inpatient, outpatient, and emergency care services. The Jesse Helms Nursing Center has 70 long-term care beds and is located on the campus of CMC-Union. For more than 50 years, CMC-Union has been committed to improving the health and wellbeing of individuals, families, and communities throughout Union County and the surrounding area. CMC-Union is part of the Carolinas HealthCare System, which is one of the leading healthcare providers in the Southeast.

#### **Whom do you serve?**

CMC-Union provides medical services to residents of Union County and the surrounding area.

#### **What services do you provide?**

CMC-Union is committed to excellence in patient care and service delivery, and provides a comprehensive array of health services including an acute care hospital, long-term care facility, behavioral health center, and community based physician practices. In November 2014, CMC-Union opened a new, state-of-the-art Women and Children's Center. The Center features labor, delivery, recovery, and post-partum (LDRP) suites that promote family-centered care and were designed to make patients feel at home. A special care nursery staffed 24/7 by neonatologists and a lactation center are also available. CMC-Union's Cardiovascular Center provides an extensive array of cardiac and vascular diagnostic services using the latest technologies. Interventional cardiologists perform percutaneous coronary intervention (PCI) procedures to repair blocked arteries in the heart. The Edwards Cancer Center, part of the Levine Cancer Institute, provides the latest advancements in radiation therapy technology and the highest quality of cancer care available. The Emergency Department has some of the most advanced technology and includes 34 treatment rooms, two dedicated trauma rooms, a 64-slice CT scanner, and cardiac monitoring equipment. This technology, along with physicians who are board-certified in emergency medicine, expedite diagnoses and direct patients to the care they need in emergent situations. Additional services at CMC-Union include an accredited chest pain center, inpatient and outpatient surgery, rehabilitation services, sleep center, diabetes center, wound care center, and advanced imaging center.

## Healthcare Services

### **Carolinas Medical Center - Waxhaw**

2700 Providence Road South

Waxhaw, NC 28173

Phone: 704-667-6800

Fax: 704-667-6801

Website: [www.carolinashealthcare.org/cmc-waxhaw](http://www.carolinashealthcare.org/cmc-waxhaw)

#### **Description/Purpose of Agency:**

CMC-Waxhaw features a full services Emergency Department providing care for patients in need of emergency care 24 hours per day, seven days per week, as well as advanced diagnostic imaging and laboratory services. Primary and specialty physician practices are located in an adjoining medical office building.

#### **Whom do you serve?**

CMC-Waxhaw provides medical services to the residents of Waxhaw and surrounding communities in Western Union County.

#### **What services do you provide?**

CMC-Waxhaw's Emergency Department is staffed by all board-certified emergency physicians who provide the highest quality emergency care, from broken bones and severe cuts to heart attacks and strokes. Advanced diagnostic imaging, including CT, ultrasound, and digital x-ray services, are available to both emergency patients and outpatients. A full range of laboratory procedures are also available. Highly-skilled primary care and specialty care physicians are located in the facility's medical office building to meet each family's medical needs close to home.



## Healthcare Services

### Community Health Services of Union County

415-B East Windsor Street

Monroe, NC 28112

Phone: 704-296-0909

Fax: 704-296-0946

Email: chsuc@carolina.rr.com

#### **Description/Purpose of Agency:**

Community Health Services of Union County provides community outreach promoting health education awareness and preventative health care services to the community.

#### **Whom do you serve?**

Indigent and underserved persons living in Union County

#### **What services do you provide?**

##### Community Clinics

Community Health Services provides preventative health assessments including blood pressure, pulse, hemoglobin, blood sugar, and lipid profile (total cholesterol, HDL, LDL, VLDL, triglycerides and ratio). Clients receive education and counseling regarding Therapeutic Lifestyle Changes and medication compliance as well as general assistance, advocacy, and referrals as indicated.

##### Diabetes Services

A certified diabetes educator provides education and counseling geared toward self-management of diabetes. A monthly Diabetes Free Clinic is available to those patients who are prequalified. By Appointment Only for uninsured Diabetics who have no physician and are residents of Union County.

##### Prescription Assistance

Emergency Prescription Assistance available for uninsured, qualified Union County residents (excluding controlled substances)

##### Wellness

Adult immunization for influenza (flu), and pneumonia. Blood profiles are available through Lab Corp.

##### Grocery Program

A Grocery Program is available to those uninsured, qualified patients enrolled in our Diabetes Program, Diabetes Free Clinic, Diabetes education for uninsured Union County residents.

## **Healthcare Services**

### **Hospice of Union County**

700 W. Roosevelt Blvd.  
Monroe, NC 28110  
Phone: 704-292-2100  
Fax: 704-292-2190

#### **Description/Purpose of Agency:**

Hospice provides compassionate, quality care to those suffering life-limiting illnesses, regardless of ability to pay, and to serve as a clinical, ethical and spiritual resource for family members as well as others in the community affected by death and dying.

#### **Whom do you serve?**

Persons who are terminally ill with a life expectancy of six months or less and their families.

#### **What services do you provide?**

Hospice provides specific services based upon the needs assessed of each individual patient and members of his/her family. Hospice specializes in pain and symptom management, and delivers care through a highly specialized inter disciplinary team of Physicians, Nurses, Home Health Aids, Social Workers, and Chaplain. Hospice of Union also offers the option of care on our campus in McWhorter Hospice House for patients meeting inpatient criteria. Hospice also works with our patient's families/caregivers through the Bereavement Program.

## **Healthcare Services**

### **Novant Health Matthews Medical Center**

1500 Matthews Township Parkway

Matthews, NC 28105

Phone: 704-384-6500

Website: [www.novanthealth.org](http://www.novanthealth.org)

Hours of Operation: 24 hours, 7 days a week

#### **Description/Purpose of Agency:**

Novant Health Matthews Medical Center is a not-for-profit facility providing excellence in healthcare through a full range of advanced medical treatments and procedures for patients and their families.

#### **Whom do you serve?**

Residents of Union County, and the southern piedmont region.

#### **What services do you provide?**

Novant Health Matthews Medical Center offers comprehensive medical, educational and emotional support services including the Family Maternity Center, Surgical Services, Orthopedic Services, Heart - Cardiovascular Services, Cancer Services, Outpatient Infusion Services, Emergency Services, Critical Care Unit, Radiology Services, and Rehabilitation Center. Novant Health Matthews Medical Center also offers limited (3 beds) Hospice and Palliative Care.

## **Healthcare Services**

### **Union County Department of Human Services Digital Health Department**

Union County Digital Health Department

Website: [www.union.digitalhealthdepartment.com](http://www.union.digitalhealthdepartment.com)

#### **Description/Purpose of Agency:**

Provide digital database for all food, lodging, institution, day care, and swimming pool permits and inspections.

#### **Whom do you serve?**

Residents of Union County and surrounding areas.

#### **What services do you provide?**

Digital Health Department provides current permit and inspection data of all Union County Environmental Health permitted and inspected facilities.

## **Healthcare Services**

### **Union County Department of Human Services**

#### **Division of Environmental Health**

500 North Main Street

Room 47

Monroe, NC 28110

Phone: 704-283-3842

Fax: 704-283-3825

Website: [www.co.union.nc.us](http://www.co.union.nc.us)

#### **Description/Purpose of Agency:**

To protect the health of the public through prevention of food borne and water borne illnesses

#### **Whom do you serve?**

All residents of Union County.

#### **What services do you provide?**

Union County Division of Environmental Health performs inspections of restaurants and other food service facilities as well as inspections of lodging facilities, nursing homes, public swimming pools and spas, residential care facilities, public and private schools, child care facilities, and tattoo shops and artists.

Union County Division of Environmental Health performs soil and site evaluations to determine the suitability for on-site wastewater disposal systems. We do inspections of the installation of wastewater systems to ensure that they are installed properly. We do inspections of existing septic systems for residents desiring to make additions and/or improvements to their properties to ensure that they will not encroach into their wastewater systems.

Union County Division of Environmental Health permits and inspects wells to ensure that they are installed properly. We also do sampling of well water for the residents of Union County.

## **Healthcare Services**

### **Union County Department of Human Services**

#### **Division of Public Health**

1224 W. Roosevelt Blvd.

Monroe, NC 28110

Phone: 704-296-4800

Fax: 704-296-4887

Website: [www.co.union.nc.us](http://www.co.union.nc.us)

Hours of Operation: Monday - Friday

8:00 a.m. - 5:00 p.m.

#### **Description/Purpose of Agency:**

Union County Division of Public Health provides health prevention and primary care services. The health department provides continual surveillance of health conditions in the county and networks with the state for information vital for health program planning.

#### **Whom do you serve?**

Individuals and families of Union County.

#### **What services do you provide?**

The Union County Division of Public Health provides a variety of services including: child and adult dental, maternal health, breast and cervical cancer control, WIC (women, infant, and children's), family planning, vital records, communicable disease control, child health, diabetes education and health promotion.

## **Library Services**

### **Literacy Council of Union County**

105-A E. Jefferson Street

Monroe, NC 28112

Phone: 704-226-1425

Phone 704-226-1402

Website: [www.literacyunion.org](http://www.literacyunion.org)

#### **Description/Purpose of Agency:**

To improve the quality of life in our community and expand individual potential by teaching adults and families to read, write, speak and understand the English language.

#### **Whom do you serve?**

Adults and their families who live or work in Union County and want to learn to read and/or speak English.

#### **What services do you provide?**

One-to-one and small group tutoring for adults and families.

## Library Services

### **Union County Public Library**

316 E. Windsor Street  
Monroe, NC 28112  
Phone: 704-283-8184  
Website: [www.union.lib.nc.us](http://www.union.lib.nc.us)

### Lois Morgan Edwards Memorial Library

414 Hasty Street  
Marshville, NC 28103  
Phone: 704-624-2828

### Union West Regional Library

123 Unionville-Indian Trail Road  
Indian Trail, NC 28079  
Phone: 704-821-7475

### Waxhaw Branch Library

509 South Providence Street  
Waxhaw, NC 28173  
Phone: 704-843-3131



## Nutrition Services

### LISTING for LOCAL PRODUCE MARKETS in UNION COUNTY

#### **Rocky River Local Foods Association**

3230-D Presson Road  
Monroe, NC 28112  
Phone: Main Extension Number: 704-283-3830  
Website: [www.rockyriverlocalfoods.com](http://www.rockyriverlocalfoods.com)

**Purpose:** Branding local foods, wholesale distribution, marketing local foods.  
**Serving:** Local food producers and small farms  
**Providing:** -education -marketing  
- online presence -collaboration of resources

#### **Belle Terra Farms**

3101 Little Tom Starnes Road  
Waxhaw, NC 28173  
980-328-5606  
[www.belleterrafarms.com](http://www.belleterrafarms.com)  
Naturally produced meats & eggs  
Open to Public  
Thursday—Saturday  
8a.m.—5p.m.

#### **Griswold's Family Produce**

5411 HWY 601 South  
Monroe, NC 28112  
704-764-7105

#### **Hunter Farm (The)**

13624 Providence Road  
Weddington, NC 28104  
704-846-7975

#### **Cabbage Patch (The)**

8604 Old Ferry Road  
Monroe, NC 28110  
704-753-1263

#### **M & M Farms**

7208 Alexander Farm Road  
Monroe, NC 28110  
704-574-9200  
Monday—Saturday  
April—August  
Call for hours of operation

#### **Cook Farms**

Ray T. Cook  
3102 Plyler Mill Road  
Monroe, NC 28112-8817  
704-283-7275

#### **Piedmont Produce**

4212 E. Highway 218  
Monroe, NC 28110  
704-753-2300  
[www.piedmontproduce.com](http://www.piedmontproduce.com)

#### **DabHar Farm**

1017 Cyrus Edwards Road  
Monroe, NC 28110  
704-289-6328  
[phyllisw8@earthlink.net](mailto:phyllisw8@earthlink.net)  
Eggs, Honey, Fruits and Vegetables

#### **Poplar Ridge Farm**

1619 Waxhaw-Indian Trail Road  
Waxhaw, NC 28173  
704-843-5744  
[www.poplarridgefarmnc.com](http://www.poplarridgefarmnc.com)  
Wednesdays 2-6p.m. & Saturdays 10a.m.—1p.m.

#### **Dogwood Acres Vegetable Farm**

5424 Olivia Court  
Marshville, NC 28103  
704-385-8450

#### **Providence Produce/Rock Store Farm Market**

3116 Old Monroe Road  
Stallings, NC 28104  
704-821-0674 or 704-821-3270

#### **Gamble's Shambles**

5405 Nicole Drive  
Waxhaw, NC 28173  
704-843-3873

## Nutrition Services

### LISTING for LOCAL PRODUCE MARKETS in UNION COUNTY

#### **Rocky River Local Foods Association**

3230-D Presson Road  
Monroe, NC 28112  
Phone: Main Extension Number: 704-283-3830  
Website: [www.rockyriverlocalfoods.com](http://www.rockyriverlocalfoods.com)

**Purpose:** Branding local foods, wholesale distribution, marketing local foods.

**Serving:** Local food producers and small farms

**Providing:** -education -marketing  
- online presence -collaboration of resources

#### **Randy Simpson Fresh Farm Produce**

Old Monroe Road  
Indian Trail, NC 28079  
704-361-1891  
Open April—December 23  
Sells Pumpkins and Christmas Trees in Season  
M—F 9:00a.m.—8:00p.m.  
Saturday 8:00a.m.—8:00p.m.  
Sunday 11:30a.m.—6:00p.m.

#### **Waxhaw Farmers' Market**

Corner of Price Street & Church Street  
Waxhaw, NC 28173  
704-779-4551  
April—December  
Saturdays, 9a.m. - 1p.m.  
(Winter) Every other Saturdays, 10a.m.—12noon

#### **Taylor Family Greenhouse**

2405 Corinth Church Road  
Monroe, NC 29112  
[www.taylorfamilygreenhouse.com](http://www.taylorfamilygreenhouse.com)  
By appointment and at  
Union County Farmers' Market

#### **Terry Simpson's Fresh Produce**

7304 Secrest Shorcut Road  
Indian Trail, NC 28079  
704-254-5730  
Open: April through September  
Monday-Sunday, 9a.m.—7p.m.

#### **Union County Farmers' Market**

805 Skyway Drive  
Monroe, NC 28112  
704-283-3626  
Web address: [www.unioncountylocalmarket.com](http://www.unioncountylocalmarket.com)  
Tuesday, Thursday & Saturday

## Nutrition Services

### NC Cooperative Extension—Union County

3230-D Presson Road

Monroe, NC 28112

Phone: Main Extension Number: 704-283-3801

Sally McNeill, Family and Consumer Science: 704-283-3732

Cheri Bennett, Adult EFNEP: 704-283-3737

Fax: 704-283-3734

Website: [www.union.ces.ncsu.edu](http://www.union.ces.ncsu.edu)

#### **Description/Purpose of Agency:**

The North Carolina Cooperative Extension Service partners with communities to deliver education and technology that enriches the lives, land and economy of North Carolinians. Cooperative Extension provides information and educational programs in numerous areas including Agriculture; Family and Consumer Sciences; 4-H and Youth Development; and Community and Rural Development (CRD).

#### **Whom do you serve?**

The food and nutrition, health and wellness, food safety and food preservation programs offered by the Family and Consumer Science agent with Cooperative Extension are open to all residents in the county. Some programs have nominal fees to cover the cost of class supplies.

EFNEP (Expanded Food and Nutrition Education Program) is targeted to limited resource audiences. There is no cost to individual participants. Partnering agencies are asked to help with food and supply expenses, whenever possible.

#### **What services do you provide?**

Health and Wellness:

- ◇ Weight Management Classes for Adults: Eat Smart, Move More, Weigh Less 12-week program (new sessions start in January and in September)
- ◇ Union County Senior Wellness Expo (1<sup>st</sup> Thursday each November)
- ◇ Color Me Healthy: Healthy Eating for Preschoolers
- ◇ Cook Smart, Eat Smart program
- ◇ Nutrition and cooking experiences for youth
- ◇ Families Eating Smart and Moving More
- ◇ Speaker for community programs

Food Preservation and Local Foods:

- ◇ Home Canning, Freezing and Dehydrating Classes (spring and summer)
- ◇ Testing of Dial Gauge canners (all year)
- ◇ Learn as You Grow Community Garden Project
- ◇ Farmer's Market activities
- ◇ Activities and classes to promote local foods

Food Safety Classes:

- ◇ Consumer Food Safety programs (ongoing)
- ◇ ServSafe: Food Safety Classes for Food Service Managers (every April and every October)
- ◇ ServSafe testing for commercial food safety certification (ongoing)

#### **EFNEP (Expanded Food and Nutrition Education Program)**

Adult EFNEP: Consists of a series of nutrition classes for limited resource audiences. New groups are recruited and classes are started on an ongoing basis. Classes are taught in Spanish or English.

## Nutrition Services

### Nurture Your Health

#### Mian W. Rex,—Certified Dr. Sears Wellness Coach

Phone: 980-239-0366

Website: [www.nurtureyourhealth.us](http://www.nurtureyourhealth.us)

#### Description/Purpose of Agency:

Dr. Sears' L.E.A.N. is a family of workshops that educate and support parents, caregivers, children, expecting moms and adults 40 yrs and older [Prime Timers] in the four pillars of health: Lifestyle, Exercise, Attitude and Nutrition [L.E.A.N.]. The objective of these programs is to teach families simple ways to improve their health.

#### Whom do you serve?

Parents, pregnant/nursing moms and any adults 40 years of age and older

#### What services do you provide?

- 1] L.E.A.N. workshops—Parents of children ages 3—12 yrs. Old will be able to improve the health of the child and the entire family.
  - L.E.A.N. Essential—One, 2-hour workshop ( condensed version of L.E.A.N. Start)
  - L.E.A.N. Start—Three, 2-hour OR six, 1-hour workshops
- 2] L.E.A.N. Expectations—consisting of three individual, two-hour classes, which provides an opportunity for expecting and nursing women to connect and build relationships with others while learning practical ways to positively impact the health of both mother and baby before, during and after pregnancy. These classes can be taken at any stage of the pregnancy depending on participants needs.
  - Prepare RIGHT Now—Turn your Pregnancy into a Healthy New Beginning. This class focuses on lifestyle choices, attitude and exercise at any stage of pregnancy.
  - Eat RIGHT Now—Experience Optimal Nutrition During Pregnancy and Beyond. This class focuses on nutritional needs before, during and after pregnancy.
  - Live RIGHT Now—Make a Smooth Transition from Pregnancy to Motherhood. This class focuses on the transitional needs of both mom and baby during the first few months at home.
- 3] Prime Time Health—offers four, 90min. Sessions OR six, 1-hour sessions. Designed for 40 yrs. and above.
  - Open Your Internal Pharmacy
  - Make Health Your Hobby
  - Move Waste From Your Waist
  - Live Without Pain and Inflammation

## **Nutrition Services**

### **Union County WIC (Women, Infants and Children) Program**

1224 W. Roosevelt Blvd.

Monroe, NC 28110

Phone: 704-296-4800 , option #4

Fax: 704-296-4822

Website: [www.nutritionnc.com/wic/](http://www.nutritionnc.com/wic/)

#### **Description/Purpose of Agency:**

Provide nutrition education and healthy foods to income eligible families

#### **Whom do you serve?**

Women-pregnant, breastfeeding or having recently delivered a baby.

Children– until 5th birthday; infants—birth to 1 year.

#### **What services do you provide?**

Healthy foods, nutrition education, breastfeeding support

## **Nutrition Services**

### **Union County WIC Breastfeeding Support**

1224 W. Roosevelt Blvd.

Monroe, NC 28110

Phone: 704-296-4897

Fax: 704-296-4822

#### **Description/Purpose of Agency:**

Provide women with breastfeeding support

#### **Whom do you serve?**

WIC mothers and infants

#### **What services do you provide?**

Breastfeeding one-on-one support with trained peer counselors, breast pump loan program, breastfeeding support group, breastfeeding supplies.

## **Pregnancy Services**

### **H.E.L.P Crisis Pregnancy Center**

1700 Secret Shortcut Road

Monroe, NC 28110

Phone: 704-289-5133

Fax: 704-238-0984

Website: [www.monroehelpcpc.net](http://www.monroehelpcpc.net)

Hours of Operation: Monday and Wednesday

10:00 a.m. - 2:00 p.m.

Tuesday and Thursday

10:00 a.m. - 8:00 p.m.

### **Description/Purpose of Agency:**

The H.E.L.P Crisis Pregnancy Center is a ministry that is Life-Affirming that strives to meet physical, emotional and spiritual needs of individuals and families experiencing an unexpected pregnancy.

### **Whom do you serve?**

Women and men in Union and surrounding areas.

### **What services do you provide? All Services are free & Confidential**

The H.E.L.P Crisis Pregnancy Center provides free pregnancy tests, sexually transmitted infections (STI) testing, limited ultrasounds, classes on pregnancy, child birth, parenting, peer counseling and post-abortion peer counseling.

Additional services include used baby equipment, children's clothing size 0-6T, maternity clothes and Bible Studies.

All services are free and confidential.

## **Prescription Drug Programs**

### **Community Health Services of Union County**

415-B East Windsor Street

Monroe, NC 28112

Phone: 704-296-0909

Fax: 704-296-0946

#### **Description/Purpose of Agency:**

This agency offers assistance for prescription medications (excluding controlled substances).

#### **Whom do you serve?**

Persons living in Union County

#### **What services do you provide?**

- Prescription Assistance (Emergency)
- Diabetes Free Clinic (Monthly)
- Community-based Health Screenings
- Diabetic Supplies to those in our programs
- Health Fairs
- Flu Vaccinations

**See agency listing under Family Services for a complete list of services.**



## Prescription Drug Programs

### **HealthQuest**

415 East Franklin Street  
Monroe, NC 28112

Phone: 704-226-2050

Fax: 704-226-0712

Website: [www.healthquestpharmacy.org](http://www.healthquestpharmacy.org)

Hours of Operation: Monday  
8:00 a.m. - 6:00 p.m.  
Tuesday - Thursday  
8:00 a.m. to 4:30 p.m.

### **Description/Purpose of Agency:**

HealthQuest is a licensed non-profit organization dedicated to improving the health of our community by assisting those who cannot afford prescription medications.

### **Whom do you serve?**

Citizens 18 years of age and older who live in Union, Anson, and Stanly Counties in NC; Lancaster, and Chesterfield Counties, in SC whose income is less than 200% of the Federal Poverty Level. Children 17 years of age and younger may be eligible if they are not enrolled in Medicaid or NC HealthChoice.

### **What services do you provide?**

HealthQuest provides maintenance medications to qualified individuals to help control their chronic medical conditions. We also have free monthly diabetic education classes.

## Prescription Drug Programs

### Union County Prescription Drug Program

A discount drug card program is available to Union County residents sponsored by the National Association of Counties.

Prescription drug discount cards may be used by county residents, regardless of age, income, or existing health coverage. Residents may also use the card for drugs not covered by their health plan.

The prescription discount card is FREE.

You may pick up a card at the following locations:

- \* Union County Government Center Lobby, 500 North Main Street, Monroe
- \* Union County Public Library Locations
  - Monroe - Main Branch, 316 East Windsor Street
  - Marshville - Lois Morgan Edwards Memorial, 414 Hasty Street
  - Waxhaw, 509 South Providence Street
  - Indian Trail - Union West Regional, 123 Unionville-Indian Trail Road
  - Unionville, Unionville Sub Regional, 1102 Unionville Church Road
- \* Union County Division of Public Health - 1224 W. Roosevelt Blvd., Monroe
- \* Union County Division of Social Services - 1212 W. Roosevelt Blvd., Monroe
- \* Union County Veteran's Service - 500 North Main Street, Suite 14
- \* Union County Nutrition for the Elderly Sites (Monday - Friday)
  - Site 1** - East Campus - First Baptist Church Indian Trail  
6140 West Marshville Blvd., Marshville 7:30am-11:30am
  - Site 2** - Bragg Street Community Center  
624 North Bragg Street, Monroe 8:00am-12:00pm
  - Site 3** - Mineral Springs United Methodist Church  
5915 Old Waxhaw-Monroe Road, Mineral Springs 8:00am-12:00pm
  - Site 4**- Fairview Volunteer Fire Department  
702 Concord Highway, Monroe, 8:15am-12:15pm
  - Site 5** - Indian Trail United Methodist Church  
113 Indian Trail Road, Indian Trail, 8:30am-12:30pm

## Recreation and Fitness Services

### LISTING for FITNESS CENTERS in UNION COUNTY

#### Anytime Fitness

5941 Weddington-Monroe Road #107,  
Wesley Chapel  
704-821-0885

#### Carolina Fitness Center

3208 Goldmine Road, Monroe  
704-283-5587

#### Core Studio Pilates

218 North Main Street, Monroe  
www.corestudiopilates.com

#### Curves (3 locations)

\*1401 W. Roosevelt Blvd, Suite -D,  
Monroe 704-238-0550  
\*592-594 Indian Trail Road—  
Indian Trail 704-821-8440  
\*3555-4 Matthews-Mint Hill Road,  
Matthews 704-841-1010

#### Enterprise Fitness and Personal Training Center

2585 W. Roosevelt Blvd, Monroe  
704-289-4940

#### Extreme Ice Fitness Center

4705 Indian Trail-Fairview Road  
Indian Trail 704-882-1830

#### Fitness Together

8163 Kensington Drive, Waxhaw  
704-243-1130

#### Monroe Aquatic and Fitness Center

2325 Hanover Drive, Monroe  
704-282-4680

#### Planet Fitness

2107 W. Roosevelt Blvd.  
Monroe 704-225-7000

#### Snap Fitness (3 locations)

\*1310 Wesley Chapel Road  
Indian Trail 704-226-1315  
\*3913 Providence Road South  
Waxhaw 704-243-2935  
\*1365 Chestnut Ln #105  
Matthews 704-821-1007

#### Sports & Fitness

13705 East Independence Blvd.  
Indian Trail 704-893-0355

#### Union County YMCA @ Wesley Chapel

5924 Weddington-Monroe Road  
Wesley Chapel  
unioncountymcawesleychapel@ymcacharlotte.org

#### YWCA - Willow Oaks

3223 Walkup Avenue, Building E  
Monroe 704-283-7733

#### YWCA- Old Armory

500 Johnston St.  
Monroe 704-282-5765

## **Recreation and Fitness Services**

### **Curves for Women**

1401 Suite-D Roosevelt Blvd.  
Monroe, NC 28110  
Phone: 704-238-0550  
Website: [www.curves.com](http://www.curves.com)

### **Description/Purpose of Agency:**

Curves is a weight management center especially designed for women featuring Curves Complete; the only plan that includes diet, exercise and coaching.

### **Whom do you serve?**

Women of all ages and sizes.

### **What services do you provide?**

- A healthy well balanced meal plan
- A safe 30 minute workout
- Cleveland Clinic certified coaches
- Silver Sneakers provider
- Zumba classes that include cardio and strength training

## **Recreation and Fitness Services**

### **Enterprise Fitness and Personal Training Center**

2585 W. Roosevelt Blvd.

Monroe, NC 28110

Phone: 704-289-4940

Fax: 704-289-2266

Website: [www.enterpriseworkout.com](http://www.enterpriseworkout.com)

#### **Description/Purpose of Agency:**

We are a fitness center. Our purpose is to help people of all ages to reach their fitness goals. Our center has a strong commitment to all members at all times. We want to make a difference in the community and help people to be healthy and feel good about themselves.

#### **Whom do you serve?**

We serve all ages from young children to senior citizens. We help those with disabilities. We serve everyone.

#### **What services do you provide?**

Personal Training

Yoga

Group Classes

Pilates

Zumba

Boot Camp

## **Recreation and Fitness Services**

### **Monroe Aquatics & Fitness Center**

2325 Hanover Drive

Monroe, NC 28112

Phone: 704-282-4680

Fax: 704-282-4683

Website: [www.monroeaquaticsandfitnesscenter.com](http://www.monroeaquaticsandfitnesscenter.com)

#### **Description/Purpose of Agency:**

This agency offers individuals and families a variety of fitness, aquatic and wellness programs to meet health and recreational needs. Their goal is to give members of all ages the right tools for building long-lasting and healthy lifestyles.

#### **Whom do you serve?**

Membership clients.

#### **What services do you provide?**

Aquatic and fitness center facility offers: indoor pool, training pool, fitness room, whirlpool, steam and sauna rooms, outdoor water park, aerobics studios, meeting rooms, nursery/childcare, gymnasium, indoor run/walk track, wellness center, racquetball courts, and locker rooms.

## Recreation and Fitness Services

### Union County Parks and Recreation

5213 Harkey Road

Waxhaw, NC 28173

Phone: 704-843-3919

Fax: 704-843-4046

Website: [www.co.union.nc.us](http://www.co.union.nc.us) click on "Quality of Life"

The website provides information on athletic fields, Cane Creek Park - camping area and day use area.

#### Listing of Parks in Union County:

Belk-Tonawanda Park  
217 W. Allen St.  
Monroe

Cane Creek  
5213 Harkey Rd.  
Waxhaw

Creft Park  
803 Burke St.  
Monroe

Dickerson Park  
Guild St,  
Monroe

Don Griffin Park  
147 Cedar St.  
Monroe

Fred Kirby Park  
3315 Faith Church Road  
Indian Trail

Jaycee Park  
100 Cedar St.  
Monroe

Jesse Helms Park  
1505 Summerlin Dairy Rd.  
Monroe

Sunset Park  
306 W. Sunset Dr.  
Monroe

Sutton Park  
2300 State Rd.  
Monroe

Weddington Optimist Park  
5211 Weddington Rd.  
Weddington

## **Recreation and Fitness Services**

### **YWCA - Willow Oaks**

Director: Suzy Rogers  
3223 Walkup Avenue, Building E  
Box CC  
Monroe, NC 28110  
Phone: 704-283-7733  
Fax: 704-225-9953  
Web: [www.ywcacentralcarolinas.org](http://www.ywcacentralcarolinas.org) (look up — Union County)

### **YWCA—Old Armory**

Director: Kelsey Livingston  
500 Johnston St.  
Phone: 704-282-5765

### **Description/Purpose of Agency**

Education and support services to youth through education and life enrichment activities.  
Where Children are safe and learning is fun.

### **Whom do you serve?**

Youth age 5 - 12 years from Union County. Neighborhood Youth Learning Centers

### **What services do you offer?**

After school programs - please call either phone number  
Summer Camp Program - Both Locations  
Summer Lunch Program - Both Locations  
Youth Development Program offers children a safe, educational and fun environment, with a variety of activities from swimming and storytelling to martial arts and arts and crafts.  
Nutrition Education, Life Skills, Computer Skills, Kids Café, Athletics, Tutoring and Arts.



## Senior Services

### Clare Bridge (Memory Care)

919 Fitzgerald Street

Monroe, NC 28112

Phone: 704-225-9556

Fax: 704-289-6975

Website: [www.brookdaleliving.com/clare-bridge-at-monroe-square.aspx](http://www.brookdaleliving.com/clare-bridge-at-monroe-square.aspx)

### Description/Purpose of Agency:

Clare Bridge at Monroe Square located in Monroe, provides Alzheimer's and Dementia Care for seniors and offers the promise of Daily Moments of Success. Clare Bridge is a Brookdale Senior Living community dedicated to serving the special care needs of individuals with Alzheimer's disease and other forms of dementia. From our building design to our carefully selected staff and specialized programming and management, we focus on the individual needs of each resident and family we serve.

### Whom do you serve?

Senior citizens

### Services provided:

- Personalized Service Assessment and Plan
  - Assistance with Personal Needs
  - Ambulation & Escort Services
  - Three nutritious and appetizing meals served daily
  - Snacks available throughout the day
  - Housekeeping Services
  - Personal Laundry Services
  - Continence Management
  - Nursing Services Ongoing monitoring of residents' health status
  - Medication Support
  - Life Enrichment Programming
  - Trained Staff on site 24 hours a day
  - Specialized intervention programs
  - Transportation Services
  - Short term stay
  - Specially designed environment
  - All Exterior doors are alarmed for Residents' safety
  - Emergency Response system
  - State of the art fire safety system
  - Handicapped accessibility
- Library
  - Beauty / Barber Shop
  - Outdoor Gardening Areas
  - Dining Room
  - Family Room
  - Private Dining Room
  - Sun Room
  - Ancillary Services

## Senior Services

### **Council on Aging in Union County**

1401 Skyway Drive

Mailing Address: PO Box 185

Monroe, NC 28111

Phone: 704-292-1797

Fax: 704-292-1776

Email: [coa@coaunion.org](mailto:coa@coaunion.org)

Website: [www.coaunion.org](http://www.coaunion.org)

### **Description/Purpose of Agency:**

An independent, non-profit agency supporting people 60 and over in their efforts to remain healthy, active, and in control of their own lives. The agency connects clients with the services they need to live independently for as long as possible.

### **Whom do you serve?**

Adults 60 years of age and older living in Union County

### **What services do you provide?**

#### **Information & Assistance:**

- Information about aging services
- Assistance in accessing services
- Quarterly Newsletter
- Equipment Loan/Fan-Heat Relief
- Home Repairs/Yard work
- Medicare Counseling (SHIP)
- Senior Law Project

#### **Senior Outreach:**

- Union Seniors Outreach Programs— 5 monthly
- Diabetes Self-Management Classes
- Community Outreach Information
- Chronic Disease Self Management Classes
- Matter of Balance, fall prevention classes
- Senior Wellness Expo
- Annual Meeting, Picnic, Christmas Party

#### **In Home Services**

- Chore/Household Management
- Personal Care Assistance
- Shopping/Errands
- Respite/Caregiver Relief

#### **Family Caregiver Support Program**

- Respite/Caregiver Relief
- Caregiver Classes
- Support Groups for Caregiver & Grandparents
- Grandparenting Classes

### **Senior Community Service Employment Program (Title V)**

Employment & Training program for adults 55 and older

## Senior Services

### Ellen Fitzgerald Senior Center

*Monroe Parks and Recreation*

327 S. Hayne Street

Monroe, NC 28112

Phone: 704-282-4657

Fax: 704-238-9187

**Hours:** Monday 8:00 AM—5:00 PM  
Tuesday 8:00 AM—5:00 PM  
Wednesday 8:00 AM—5:00 PM  
Thursday 8:00 AM—5:00 PM  
7:00 PM—9:00 PM  
Friday 8:00 AM—12:00 Noon

**Description/Purpose of Agency:** The Senior Center serves to enrich and enhance the lives of older adults with opportunities for purpose, achievements, service, involvement, commitment, and creativity. The Senior Center serves as a resource for information on aging, for professional and lay leadership and for developing new approaches to aging problems.

### Whom do you serve?

Senior citizens 55 years and older

### What services do you provide?

#### Activities/Classes

Advances Line Dance Class

Art Studio

Baskets

Beading

Bridge Lessons

Ceramics

Clay/pottery Studio

Computer Classes

Handwork

Line Dance Class

Quilting

Senior Singers

Thursday Night Dance Club

Woodwork

#### Cards/Games

Bridge

Canasta

Cribbage

Pinochle

Spades

#### Fitness

Exercise

Range of Motion Fitness

Yoga/Stretch

#### Health Programs

Chronic Disease Self-Management

Diabetes Self-Management

Lunch & Learn

Matter of Balance

Senior Wellness Expo

#### Sports

Bowling

Golf

Table Tennis

#### Trips

Day

#### Monthly

Alzheimer & Caregiver Support Group

Diabetes Support Group

Free Blood Pressure Check

Union County Chapter #5164 AARP

United Senior Games

Visually Impaired Support Group

**Membership:** Membership is free to residents of the City of Monroe. There is a yearly facility Maintenance fee for non-residents: \$25/individual and \$37.50/married couple. Classes and activities are generally free to members.

## Senior Services

### North Carolina Department of Crime Control & Public Safety

#### Silver Alert Program

**Website:** [www.nccrimecontrol.org](http://www.nccrimecontrol.org)

#### **Description/Purpose of Agency:**

A program designed to quickly disseminate descriptive information about the missing person, so that citizens in the affected area can be on the lookout for the endangered person and notify local law enforcement with any relevant information.

#### **Whom do you serve?**

Citizens suffering from dementia or other cognitively impairment regardless of age.

#### **Criteria:**

- The person is believed to be suffering from dementia or other cognitive impairment
- The person is believed to be missing - regardless of circumstance
- A legal custodian of the missing person has submitted a missing person's report to the local law enforcement agency where the person went missing.
- Law enforcement reports the incident to the NC Center for Missing Persons.

#### **Procedures:**

- A family member or caregiver must call their local law enforcement **FIRST** to report their missing loved one.
- The law enforcement agency must first investigate the case and determine if the criteria warrant a request for a Silver Alert.

## Senior Services

### Union County Senior Nutrition

610 Patton Avenue  
Monroe, NC 28110  
Phone: 704-283-3712 or 704-292-2567  
Fax: 704-292-2568

#### Description/Purpose of Agency:

Provides nutritional lunch time meal as well as informational and recreational programs.  
Provides home delivered meals to those deemed homebound.  
Provides supplemental meals to chronically or critically ill.

#### Whom do you serve?

Senior citizens 60 years or older who meet guidelines for each individual program.

#### Congregate Meals

Senior Nutrition Dining Sites:

Indian Trail United Methodist Church  
113 Indian Trail Road  
Indian Trail, NC 28079

Mineral Springs United Methodist Church  
5915 Old Waxhaw-Monroe Road  
Mineral Springs, NC 28108

Bragg Street Community Center  
624 N. Bragg Street  
Monroe, NC 28112

Marshville United Methodist Church  
313 Church Street  
Marshville, NC 28103

#### The Meals on Wheels/Home Delivered Meals Program

-Must meet homebound criteria

#### Supplemental Meals

-supplemental nutrition meals (Ensure Plus) are available. Physician authorization is required to participate in this service.

## Senior Services

### Union Park Assisted Living

1316 Patterson St.

Monroe, NC 28112

Phone: 704-282-0530

Fax: 704-296-9058

Website: [www.brookdaleliving.com/union-park.aspx](http://www.brookdaleliving.com/union-park.aspx)

#### Description/Purpose of Agency:

At Union Park we partner with each resident to design an individualized, personal service plan. Our service planning process, which is unique to Brookdale Senior Living communities, bases service fees on delivering quality service and care to each individual.

Personalized service plans are reviewed regularly by staff to ensure that we meet the changing needs of our residents. Our trained staff is there to assist with personal needs— bathing or showering, selection of clothing, dressing assistance, grooming, hygiene, mobility and transferring and dining assistance—24 hours a day.

#### Whom do you serve?

Senior citizens

#### Services provided:

- Personalized Service Assessment and Plan
  - Assistance with Personal Needs
  - Ambulation & Escort Services
  - Three nutritious and appetizing meals served daily
  - Snacks available throughout the day
  - Housekeeping Services
  - Personal Laundry Services
  - Continence Management
  - Nursing Services Ongoing monitoring of residents' health status
  - Medication Support
  - Life Enrichment Programming
  - Trained Staff on site 24 hours a day
  - Specialized intervention programs
  - Transportation Services
  - Short term stay
  - Specially designed environment
  - Emergency Response system
  - State of the art fire safety system
  - Handicapped accessibility
- Library
  - Beauty / Barber Shop
  - Outdoor Courtyard
  - Outdoor Gardening Areas
  - Recreation and Activity Room
  - Outdoor Walking Paths
  - Dining Room
  - Family Room

## **Substance Abuse Services**

### **BHC—First Step at CMC-Union**

1623 E. Sunset Drive

Monroe, NC 28112

Phone: 704-283-2043

Fax: 704-289-8784

Website: [www.bhc-firststepcmunion.org](http://www.bhc-firststepcmunion.org)

#### **Description/Purpose of Agency:**

Our treatment programs are designed for adults 18 and older who are suffering from the debilitating effects of alcoholism and drug addiction. We utilize a 12-step recovery philosophy and focus on the mental, physical, and spiritual well being of each patient. At BHC First Step at CMC-Union we emphasize behavioral changes that are supportive of healthier lifestyles and the development of improved self-esteem.

#### **Whom do you serve?**

Union county and the greater Charlotte area.

#### **What services do you provide?**

BHC First Step at CMC-Union provides the following services: Continuing Care, Detoxification, Residential Rehabilitation (inpatient treatment), Intensive Outpatient Program-Residential, Intensive Outpatient Program-Day, Substance Abuse Assessment.

## **Substance Abuse Services**

### **Cardinal Innovations Healthcare Solutions**

**(formerly Piedmont Behavioral Healthcare)**

245 LePhillip Ct.

NE, Concord, NC 28025

Phone: 704-721-7000 (Administrative Office Number)

800-939-5911 (Access Line for information, assessment, crisis care and referrals)

Contact: Piedmont Community Operations Center for residents of Cabarrus, Davidson, Rowan, Stanly and Union counties.

Website: [cardinalinnovations.org](http://cardinalinnovations.org)

#### **Description/Purpose of Agency:**

Cardinal Innovations Healthcare Solutions is a public Managed Healthcare Organization (MCO) that serves as the primary community contact for individuals needing to obtain Mental Health, Intellectual/Developmental Disabilities and Substance Use/Addiction (MH/IDD/SA) services

#### **Whom do you serve?**

Residents of Alamance, Cabarrus, Caswell, Chatham, Davidson, Franklin, Granville, Halifax, Mecklenburg, Orange, Person, Rowan, Stanly, Union, Vance and Warren counties who need mental health, intellectual and developmental disability and/or substance use/addiction services. They are encouraged to call so eligibility can be determined.

#### **What services do you provide?**

- Manages, coordinates and monitors the mental health, intellectual/developmental disabilities and substance use/addiction services (MH/IDD/SA) in the Cardinal Innovations Healthcare Solutions 16 county region.
- Manages a Provider Network that delivers MH, IDD, SA services.
- Operates five Community Operations Centers (COC) referred to as Alamance-Caswell, Five County, Mecklenburg, OPC and Piedmont COC.
- Provides unique toll-free numbers for each COC to ensure ease of access to information, assessment, crisis care and referrals to providers.



## Substance Abuse Services

### **Daymark Recovery Services Inc.**

1190 W. Roosevelt Blvd.

Monroe, NC 28110

Phone: 704-296-6200

Fax: 704-296-4669

Website: [www.daymarkrecovery.org/](http://www.daymarkrecovery.org/)

### **Description/Purpose of Agency:**

Daymark is a provider of culturally sensitive mental health and substance abuse services to citizens age 3 and up and their families. Daymark offers the most current best practices and effective, research-based treatment programs to assist all citizens working toward achieving optimum health and recovery.

### **Whom do you serve?**

Residents of Union County.

### **What services do you provide?**

Daymark provides the following services:

Outpatient Individual Therapy	Intensive In-Home Services
Outpatient Group Therapy	Psychiatric Evaluations
Outpatient Family Therapy	Substance Abuse Assessment
Forensic Evaluations	Advanced Access-walk-in clinic (all locations)
DWI	Mobile Crisis

## **Substance Abuse Services**

### **Friendship Home, Inc.**

2111 Stafford Street Ext.  
Monroe, NC 28110  
Phone: 704-289-4144  
Fax: 704-292-7772  
Email: FRNDSHP69@aol.com

### **Description/Purpose of Agency:**

A non-profit organization that offers substance abuse services.

### **Whom do you serve?**

Male residents of Union County

### **What services do you provide?**

Friendship Home provides group therapy, work placement, counseling, and participation in AA and work therapy to men recovering from alcohol and substance abuse.

This agency also provides referrals and information to the public regarding self-help groups, substance abuse treatment, substance abuse counseling, and meeting facility for self-help groups.

## Transportation Services

### Union County Division of Transportation

610 Patton Avenue  
Monroe, NC 28110

Phone: 704-283-3713 or 704-292-2511(Spanish Line)

Fax: 704-283-3551

Website: [www.co.union.nc.us](http://www.co.union.nc.us) “Select—Transportation”

Hours of Operation: Monday to Friday  
7:00 a.m. - 4:30 p.m.

Office hours:  
8 a.m.— 5 p.m.

To make an appointment for service, call between 8:00 a.m. - 12:00 p.m.

**Call 48 hours before service is needed.**

**Same day emergency addressed on an individual basis.**

Passengers are responsible for having the correct amount of fare.

#### **Whom do you serve?**

Residents of Union County

Funding may vary due to age, disabilities, etc.

#### **What services do you provide?**

Transportation service within Union County, to Charlotte area, and to Veteran Medical facilities in Salisbury and Charlotte.

#### **Fees:**

Seniors funded by HCCBG—Donations only

RGP or EDTAP =

-one-way trip within Union County=\$2.00

-one-way trip to Charlotte =\$10.00

-round trip to Charlotte =\$20.00

-round trip to Matthews =\$10.00

## Veterans Services

### Union County Division of Veterans Services

500 N. Main Street, Suite 629

Monroe, NC 28112

Phone: 704-283-3807

Fax: 704-283-3850

Contact Person(s)-Michelle Marcano, Division Director;

Anthony Parker, Veterans Service Officer; Jim Anderson, Veterans Service Officer;

Pat Autry, Administrative Assistant

Hours of Operation: Monday to Friday

8:00 a.m. to 5:00 p.m.

### Description/Purpose of Agency

The purpose of this agency is to provide Union County Veterans and their family members access to Federal, State, and County benefits and entitlements based on their service in the United States Armed Forces and auxiliary services.

### Whom do you serve?

Services are available for Union County Veterans and their family members.

### What services do you provide?

To assist veterans and eligible family members apply for Federal, State, or County benefits to which they are entitled. **“All Services are FREE”**

**Federal** - Assistance filing claims for service-connected diseases or disabilities incurred by active military service, pension, vocational rehabilitation, education, VA insurance, VA home loan certificates, health care from Veteran Affairs Medical Centers (VAMC), burial benefits.

**State** - Scholarships for the children of disabled or deceased NC veterans, special hunting and fishing license, special license plates, and property tax relief provided to qualified veterans. State veterans cemeteries are available and state veterans nursing homes. Representation for claims at the VA Regional Office and Board of Veteran Appeals is available from the State Service Officers.

**County** - Representation by a County Veterans Service Officer for filing, reopening, or appealing claims, transportation to local VA Medical Centers, and property tax relief for qualified veterans.

## Change of Information

Please use this page to notify us if your agency information changes.

Fax or mail this page to:

Union County Division of Public Health  
1224 W. Roosevelt Blvd.  
Monroe, NC 28110

Phone: 704-296-4825

Fax: 704-296-4807

Attention: Health Promotions

Name:

Address:

Phone:

Fax:

Website:

Description/Purpose of Agency:

Whom do you serve?

What services do you provide?

## Alphabetical Listing

American Red Cross of Union County  
704-283-7402

BHC -First Step @ CMC-Union  
704-283-2043

Brookdale Senior Living Communities  
704-225-9556 Clare Bridge (Memory Care)  
704-282-0530 Union Park Assisted Living

Cardinal Innovations Healthcare Solutions (formerly PBH)  
704-721-7000

Carolinas Medical Center - Union  
980-993-3100

Carolinas Medical Center – Waxhaw  
704-667-6800

Child Care Resources, Inc.  
704-238-8810

CMC-Union / Safe Kids /Communities of Union County  
704-225-9221

Community Care Partners of Greater Mecklenburg  
704-512-5555

Community Health Services  
704-296-0909

Council on Aging in Union County  
704-292-1797

Curves  
704-238-0550

Daymark Recovery Services Inc.  
704-296-6200

Ellen Fitzgerald Senior Center  
704-282-4657

Enterprise Fitness and Personal Training Center  
704-289-4940

Friendship Home, Inc.  
704-289-4144

## Alphabetical Listing

HealthQuest  
704-226-2050

H.E.L.P Crisis Pregnancy Center  
704-289-5133

Hospice of Union County, Inc.  
704-292-2100

Literacy Council of Union County  
704-226-1425

Mian W. Rex, Certified Dr. Sears Wellness Coach  
980-239-0366

Monroe Aquatics & Fitness Center  
704-282-4680

NAMI Union County (an affiliate of the National Alliance on Mental Illness)  
704-292-2287

NC Cooperative Extension-Union County  
704-283-3801

North Carolina Department of Crime Control & Public Safety  
Website: [www.nccrimecontrol.org](http://www.nccrimecontrol.org)

Novant Health Matthews Medical Center  
704-384-6500

Nutrition for the Elderly  
704-283-3712

Operation ReachOut  
704-289-4237

Pediatric Boulevard  
704-821-0568

Public Health Preparedness  
704-296-4820

Rural and General Public (RGP) Transportation  
704-283-3713

Safe Alliance (formerly United Family Services)  
704-226-1352

## Alphabetical Listing

The Arc of Union /Cabarrus  
704-261-1550

Thompson (Child and Family)  
704-536-0375

Turning Point of Union County  
704-283-9150

Union County Community Outreach, Inc.  
704-225-0044

Union County Community Shelter  
704-289-5300

Union County Crisis Assistance Ministry  
704-225-0440

Union County Environmental Health  
704-283-3842

Union County Division of Public Health  
704-296-4800

Union County Division of Social Services  
704-296-4300

Union County Division of Transportation  
704-283-3713

Union County Division of Veterans Services  
704-283-3807

Union County Parks and Recreation  
704-843-3919

Union County Public Library  
704-283-8184

Union County WIC (Women, Infants and Children) Program  
704-286-4800

Union County WIC Breastfeeding Support  
704-296-4897

YWCA - Willow Oaks  
704-283-7733

YWCA - Maurice Street  
704-225-0537